#### **DESCRIPTION**

The educational activity will offer the primary care clinician practical approaches to the management of contemporary issues encountered in today's clinical populations. The conference has been designed to offer options for the attendees to obtain information most relevant to their individual practices by offering workshop choices. Throughout the day, participants will have the opportunity to become updated on current evidence-based guidelines, focus on practice-based learning and improvement, and network with colleagues.

#### TARGET AUDIENCE

Physicians, physician assistants, psychologists, nurses, nurse practitioners, fellows, residents and students with an interest in the areas of family medicine, internal medicine, gynecology and pediatrics.

#### **OBJECTIVES**

At the conclusion of this conference, participants should be better able to:

- Recognize, evaluate and treat the following conditions: heart failure, hypertension, autoimmune disorders, asthma/COPD, frequently encountered psychiatric conditions, common musculoskeletal disorders in adolescents and adults, GU dysfunction, and infectious diseases according to evidence-based guidelines.
- Assess and improve cardiovascular risk in diabetic patients and preoperative patients.
- Recognize the role of integrative medicine approaches to pain management.
- Identify and recognize the specific needs LGBTQIA patients may have.
- Recognize risks of sudden cardiac death in the young athlete.
- Utilize strategies for teaching medical students and residents in the office setting.

#### ALLOPATHIC CONTINUING MEDICAL EDUCATION

Beaumont Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Beaumont Health designates this live activity for a maximum of 7.25 AMA PRA Category 1  $Credit(s)^{TM}$ . Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### OSTEOPATHIC CONTINUING MEDICAL EDUCATION

Beaumont Health System – Troy Hospital is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians.

Beaumont Health System – Troy Hospital designates this program for a maximum of 7.25 AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

#### AMERICAN ACADEMY OF FAMILY PHYSICIANS CME

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

#### OTHER HEALTH CARE CLINICIANS

Non-physician professionals should check with their individual credentialing bodies to confirm that participation in this CME activity will be approved for credit. CME credits can be used to meet the continuing education requirements needed for Michigan physician assistant and nursing relicensure without limitation.

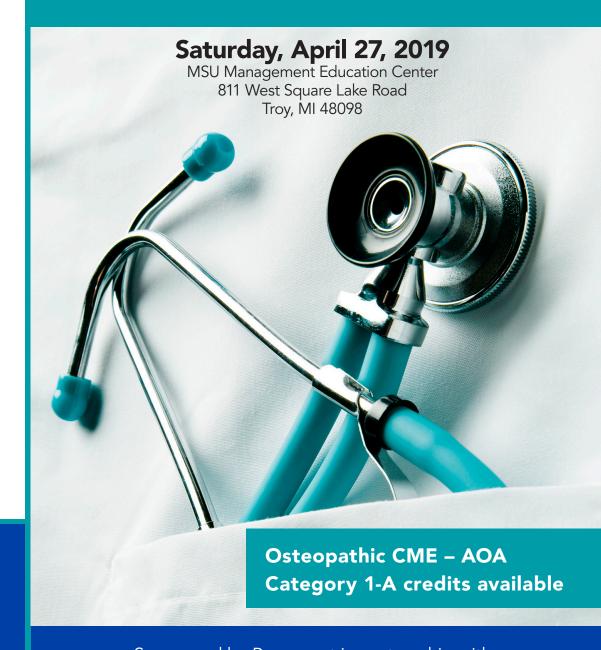
# Beaumont

Continuing Medical Education 26901 Beaumont Boulevard, 3D, E Southfield, MI 48033 PROGRESSIVE UPDATE IN PRIMARY CARE MEDICINE

Saturday, April 27, 2019

WSU Management Education Cer 311 West Square Lake Road

### PRACTICAL AND PROGRESSIVE UPDATES IN PRIMARY CARE MEDICINE



Sponsored by Beaumont in partnership with Oakland University William Beaumont School of Medicine

**Beaumont** 



#### PRACTICAL AND PROGRESSIVE UPDATES IN PRIMARY CARE MEDICINE

#### **ACTIVITY CO-DIRECTORS**

#### Paul W. Misch, M.D.

Professor and Chair, Family Medicine and Community Health, Oakland University William Beaumont School of Medicine (OUWB)

Chief, Family Medicine and Community Health, Beaumont, Grosse Pointe, Royal Oak and Troy

#### Amy M. Seger, M.D.

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Assistant Professor, Family Medicine and Community Health, OUWB

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#### PLANNING COMMITTEE

#### Nancy A. Ajemian, M.D.

Assistant Professor, Family Medicine and Community Health, OUWB

Medical Director, East Region, Primary Care, Beaumont Medical Group Family Medicine, Beaumont, Grosse Pointe

#### **Lynda Misra, D.O., FACP, M.Ed** Associate Professor, Internal Medicine, OUWB

Associate Professor, Internal Medicine, OUV Assistant Professor, Neurology, OUWB Internal Medicine, Beaumont, Royal Oak

#### **FACULTY**

#### Steven Almany, M.D.

Associate Professor, Internal Medicine, OUWB Director, Cardiac Cath Lab, Cardiology, Beaumont, Royal Oak

#### Maureen Anderson, M.D.

Assistant Professor, Family Medicine and Community Health. OUWB

Medical Director, Integrative Medicine, Beaumont Health

#### Michael Barnes, M.D.

Associate Professor, Internal Medicine, OUWB Internal Medicine, Beaumont, Royal Oak, Troy

#### Aaron Berman, M.D.

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#### Paul Bozyk, M.D.

Associate Professor, Internal Medicine, OUWB Pulmonology, Beaumont, Royal Oak

#### Bhavinkumar Dalal, M.D.

Assistant Professor, Internal Medicine, OUWB Pulmonology, Beaumont, Royal Oak

#### Nicholas Gilpin, D.O., FACP

Assistant Professor, Internal Medicine, OUWB Assistant Professor, Michigan State University College of Osteopathic Medicine (MSUCOM) Chief Medical Officer, Beaumont, Grosse Pointe

#### Paul Johnson, M.D.

Instructor, Internal Medicine, OUWB Clinical Faculty, Internal Medicine, Beaumont, Royal Oak

#### James Moeller, M.D., FACSM

Associate Professor, Family Medicine and Community Health

Sports Medicine Associates, PLC Family Medicine, Beaumont, Royal Oak

#### Erwin Patalinghug, M.D.

Assistant Professor, Family Medicine and Community Health, OUWB

Clinical Faculty, Family Medicine, Beaumont, Grosse Pointe and Troy

#### James Rosbolt, D.O., MSPH

Assistant Professor, Family Medicine and Community Health, OUWB

OUWB Site Director, St. Clair Shores Family Medicine Center

Family Medicine, Beaumont, Grosse Pointe

#### Lowell Schmeltz, M.D.

Associate Professor, Internal Medicine, OUWB Associated Endocrinologists, PC Endocrinology, Beaumont, Royal Oak

#### John Tower, D.O.

Medical Director, Quality Patient Safety Rheumatology, Beaumont, Troy

#### Jolyn Wagner, M.D.

Assistant Professor, Psychiatry, OUWB Psychiatry Clerkship Director, OUWB Psychiatry, Beaumont, Royal Oak

#### Eric Weitz, D.O.

Assistant Professor, Family Medicine and Community Health, OUWB Clinical Faculty, Family Medicine, Beaumont, Grosse Pointe and Troy

#### AGENDA\*

#### Self-Guided Virtual Workshop • Pulmonary Function Testing

Developed by Bhavinkumar Dalal, M.D.

This self-guided workshop will run continuously from 7 a.m. until 3 p.m.

7 a.m.	Registration/Breakfast		
7:30-7:40 a.m.	Welcome & Opening Statements – Paul Misch, M.D.		
7:40-8:20 a.m.	Advances in the Treatment of Heart Failure – Aaron Berman, M.D.		
8:20-9 a.m.	Sorting through the Evidence: The Bottom Line in Management of Hypertension – Abhay Neil Bilolikar, M.D.		
9-9:10 a.m.	Panel Discussion / Question and Answer Session		
9:10-9:25 a.m.	Break/Networking/Workshop		
9:25-10:05 a.m.	<b>Decreasing Cardiovascular Risk in the Diabetic Patient</b> – Lowell Schmeltz, M.D.		
10:05-10:45 a.m.	Autoimmune Disorders: What Every Primary Care Provider Needs to Know – John Tower, D.O.		
10:45-10:55 a.m.	Panel Discussion / Question and Answer Session		

CONCURRENT BREAKOUT SESSIONS						
	"A"	"B"	"C"			
11 a.m. to noon Session 1	Asthma and COPD Paul Bozyk, M.D.	Faculty Development: Strategies for Teaching Medical Students and Residents in the Office James Rosbolt, D.O. Erik Weitz, D.O.	Integrative Approaches to Pain Management** Maureen Anderson, M.D.			
Noon to 12:45 p.m. – Buffet Lunch						
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Noon to 12.45 p.m. Buriet Eurien						
12:45-1:20 p.m. Session 2	<b>Preoperative Evaluation</b> Erwin Patalinghug, M.D.	Care of the LGBTQIA Patient Paul Johnson, M.D.	Common Musculoskeletal Disorders in Adolescents and Adults James Moeller, M.D.			
1:25-2 p.m. Session 3	Psych Med Repository for the Primary Care Provider Jolyn Wagner, M.D.	<b>Abnormal Liver Tests</b> Kerri Bewick, D.O.	Sudden Cardiac Death in the Young Athlete: What to Recognize Before It's Too Late Steven Almany, M.D.			
2-2:10 p.m. – Break/Networking/Workshop						

2-2:10 p.m. – Break/Networking/Workshop			
2:10-2:55 p.m.	Infectious Disease Update – Nicholas Gilpin, D.O.		
2:55-3:40 p.m.	Hot Topics in Ambulatory Medicine – Michael Barnes, M.D.		
	3:45 p.m. – Conference Adjourns		

\*This conference is eligible for Meaningful Participation credit for Oakland University William Beaumont (OUWB) School of Medicine Faculty.

\*\*This lecture will provide one credit toward the State of Michigan CME licensing requirements in the area of pain and symptom management.

#### **REGISTRATION**

## PRACTICAL AND PROGRESSIVE UPDATES IN PRIMARY CARE MEDICINE SATURDAY, APRIL 27, 2019

Register Early and Save <a href="https://beaumont.cloud-cme.com/springprimarycare2019">https://beaumont.cloud-cme.com/springprimarycare2019</a>

		Early bird on or before 3/27	Standard 3/28 through 4/23	On-site
Beaumont/OUWB faculty and staff	Physician	\$99	\$129	\$149
	Non-physician	\$69	\$99	\$129
	Resident/fellow	Free	\$40	\$70
	OUWB medical student	Free	Free	\$30
	Physician	\$149	\$179	\$199
	Non-physician	\$119	\$149	\$179
	Resident/fellow	\$50	\$75	\$100
	Medical student	\$40	\$40	\$70

Registration fee includes breakfast, lunch, handout and CME credit processing.

Cancellations or refund requests must be received by **April 19, 2019**. A processing fee of \$25 will be assessed to all cancelled registrations. Cancellation or refund requests after April 19 will not be honored. To cancel a registration, email **cme@beaumont.edu** with "Spring Primary Care Cancellation" in the subject line.



#### PARKING

Complimentary on-site parking is available.

#### QUESTIONS

cme@beaumont.edu or 947-522-1845

MSU Management Education Center 811 West Square Lake Road Troy, MI 48098





